



Field Scabious



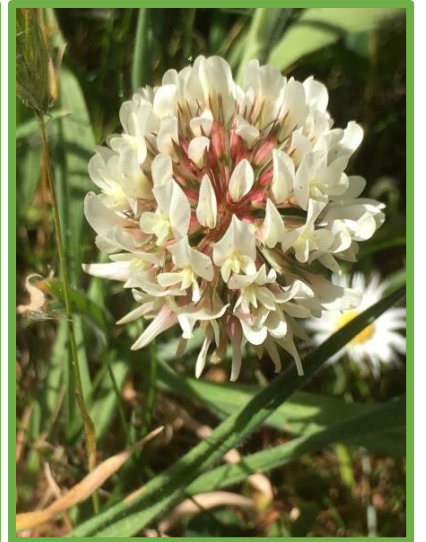
Birds-foot Trefoil



Oxeye Daisy



Creeping Cinquefoil



White Clover



Field Bindweed



Common Knapweed



Great Willowherb



Mayweed



Meadow Cranesbill

Download or print off this WILDFLOWER spotter chart compiled our Countryside NK Ranger whilst out and about working on the Stepping Out Footpath Network. All found in farmland habitats including field edges, ditch side and hedges. There are many more to be found so take a picture of any wildflowers you see during your own Stepping Out Walk. Say which walk you are on and send it to [admin@hillholtwood.com](mailto:admin@hillholtwood.com) and you could feature on our website!

Wildflowers and their habitat are vital for insects and other wildlife. They provide a source of food in the form of leaves, nectar and pollen for many insect pollinators including beetles, bees, butterflies and moths. These in turn attract other wildlife including birds, bats, amphibians, reptiles and small mammals. All part of an ecosystem in which humans benefit from a continual cycle of life that contributes to our own wellbeing, culture and food supply.